St. Cecilia's Public School

No touch Workshop



The workshop was organized for students about –How to differentiate between 'good touch' and 'bad touch'. Since this is a sensitive issue, Resource person was a trained on how to approach this sensitive issue in this workshop. The workshop was conducted on $20^{\text{th}} \& 21^{\text{ST}}$ APRIL 2017 as suggested by Vice – Principal Madam. This workshop was organized in two different batches for different classes –2,3,4,&5. The workshop started with a warm welcome to student and followed by an icebreaking session and video showcase with plunk cards.

The areas that were discussed at length in the workshop was:

- Feelings of the child when abused
- What is Good touch?
- What is Bad touch?
- Good touch Good feelings
- Bad touch Bad feelings.
- Our body parts.

- Good touch areas.
- Bad/Unsafe/Danger touch areas.
- Whose fault is it?
- What the child should do when he/she is abused/ feels unsafe?

Students understood that-

- 1. Do not talk to strangers.
- 2. Do not accept/take anything from strangers.
- 3. Tell everything to your parents and the person whom you can rely on.
- 4. Do not hide anything from your mummy at any cost.
- 5. Learn to say firm-'NO'.
- 6. Call for help. You can scream.
- 7. Believe in yourself that you have not done anything wrong.